



Stem cell transplantation

Rules during admission for stem cell transplantation

Hygiene

Clothing	Put clean clothes on your child every day. Wash clothes after wearing them once. Wear clean clothes yourself. This also applies to visitors.
Soft toys	Wash soft toys every week at 40 degrees. You can heat the cuddle heat pack wrapped in a pillowcase in the microwave.
Jewelry	Do not wear rings, bracelets or watches.
Face mask	You may remove your mask when you are more than 1.5 meters away from your child. Your child does not need to wear a face mask on the balcony if they keep 1.5 meters away from the person they are on the balcony with. If you sleep 1.5 meters away from your child, you can take off your face mask.
Toothbrush	Replace your child's toothbrush every month.

Nutrition

Meat and fish	NO meat, fish, and cold cuts that are completely or partially raw, such as roast beef, fricandeau, rolled meat, <i>filet americain</i> (seasoned raw minced steak), raw beef sausage, saveloy, chorizo, salami, pâté, liver sausage, and dry sausage
Cheese	NO raw milk cheese and mold cheese
Milk Products	NO unpasteurized milk from the farmer, ice cream from the ice cream shop, milkshakes and probiotics and prebiotics such as Vifit and Yakult
Egg	NO raw or soft-boiled egg
Fruits and vegetables	ONLY clean, undamaged fruits and vegetables
Raw vegetables	Maximum shelf life of 24 hours at 4 degrees from the time of cutting
Peanuts and nuts	NO fresh nuts. Roasted, shelled nuts are allowed. Raisins NO raisins. Currant bun/bread is allowed.
Honey	NO honey

Shelf life

Fresh	Buy fresh produce and watch the use-by dates. Storage Products will keep outside the refrigerator for up to 2 hours. Consume hot meals and snacks within 2 hours. Refrigerated fruit juice and dairy products keep for up to 3 days after opening.
Food from home	Cool or freeze immediately after cooking. After cooling, eat the same day. Frozen shelf life up to 2 months DO NOT reheat more than once.

Baby food

Teats and bottles Boil for three minutes every day
Breastfeeding Always consult with the attending physician first.

Child/parent unit

Child's room A maximum of three people at a time are allowed to be with your child. You and your child are not allowed to cut, paste or tear cardboard.

Parents' room Your child is not allowed in the parents' room.
They may go to the balcony through the parents' room.
The door from the parents' room to the lock must remain closed.
Child's bed Is changed every day.
Gets a clean comforter every Monday.

Parent's/Parents' bed Is changed every other day.
Gets a clean comforter every Monday.

Stretcher The mattresses and pillows are not allowed in your child's room.
Is changed every day.
Gets a clean comforter every Monday.
Your child must not lie on the stretcher.

Visitors

Child's room Your child may choose four regular visitors in addition to parents and siblings.
Visitors must not be ill or have a cold and must have had chicken pox or been vaccinated against it.
Visitors must also be vaccinated against whooping cough and measles.
Siblings under 6 are not allowed in the child's room. Siblings over 16 may sleep in your child's room.

Parents' room Four other regular visitors are allowed in the parents' room.
They must be 12 months or older, must not be ill and must have had or been vaccinated against chickenpox.
Babies up to 6 months are not contagious if their mother has had chickenpox. Children between 6 months and 1 year old are only allowed to come if they have already had chicken pox.
If you wish, you can have children aged 1 year and older who have not yet had chickenpox vaccinated.

Outside the room

Your child must wear a face mask outside the room.
In case of a small child, you can put a rain cover over the stroller.
Your child may go to examinations in its own bed, if necessary, and wait in a separate room.
They are not allowed in the elevator with other people.

Going outside (if the situation permits)

Before transplantation All day
After transplantation In the evening after 18:00 and on weekends all day
Out of aplasia All day